

Teen Resources

If you are in an emergency situation call 911. If you are in crisis please reach out to the resources provided. For any other issues you are experiencing and need guidance please reach out to Suzanne Glover at 214-855-8895

Mental Health/ Suicide Prevention

- Mental Health America of Greater Tarrant County:
 - (1pm-5pm, Weekdays) 1-817-546-7826
- The Family Place:
 - 24/7 Crisis Hotline.214-941-1991
- Suicide & Crisis Center of North Texas:
 - 24/7 Crisis Line 214-828-1000

Housing and Food

- Focus on Teens:
 - For shelter, food and clothing call 214-536-5015
- Outlast Youth:
 - Focused on homeless LGBTQIA+ youth.
214-814-0348
- Promise House:
 - 24/7 Emergency Shelter 866-941-8578

Domestic Violence and Sex Trafficking

- Domestic Violence Hotline: 24/7 1-800-799-7233
- National Trafficking Hotline: 1-888-373-7888 or text BeFree 233373