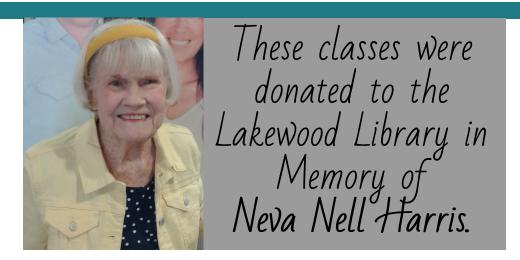


Chair Yoga for Seniors

Six Weekly Sessions
Every Friday at 10:30 am
December 7, 2018 - January 11, 2019
Led by Certified Yoga Instructor
Amanda Dunnavant





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