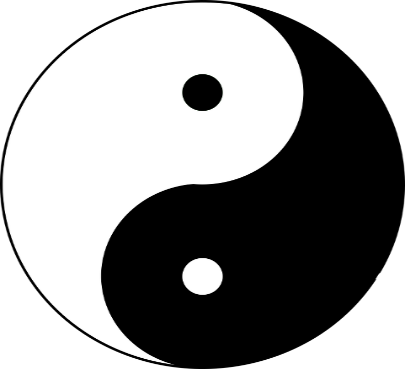
Free Tai Chi Classes

Traditional Chinese

Martial Arts/Healing Arts



Tai Chi Fundamentals

Tai Chi for Arthritis

The 24 Form

& Qi Gong

Mondays & Fridays

11:45 – 12:30

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