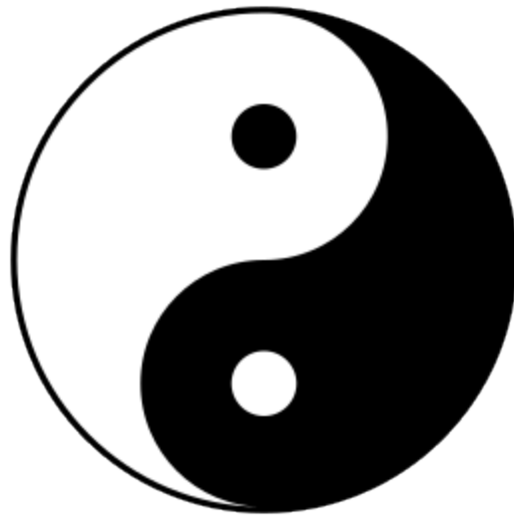


# Free Tai Chi Classes Traditional Chinese Martial Arts/Healing Arts



Tai Chi Fundamentals  
Tai Chi for Arthritis  
The 24 Form & Qi Gong

Mondays & Fridays  
11:30 am - 12:15 pm